

Performance Prevention Recovery

an education club for rehab + fitness professionals



Next Meeting: Tuesday, April 9th @ 6PM

RSVP HERE!

Agenda:

6PM: Dinner + Drinks Served

6:20PM: Meeting Begins

- **Utilizing Biomechanics Testing in Return to Sport Determination (Candace Townley PT, DPT, ATC)**
- **Strength Training Modifications for the Injured Shoulder (Caleb Smeltzer ACSM HFS)**
- **The Impact of Psychology in Return to Sport (Jamie Shapiro, Ph.D., CMPC, NCC)**

8PM: Meeting Adjourns

Location: 14000 E. Arapahoe Road, Suite 300, Centennial, CO

Email Questions to: PreventionPerformanceRecovery@gmail.com